


Loraine ISD
Review of Wellness Program

The School Health Advisory Council (SHAC) met on November 28, 2018. The minutes of that meeting are attached. To date, no formal assessment of Wellness Policy has been created or administered. The intent of our SHAC is to create a formal assessment to be administered during the Fall semester of 2019.

The district currently engages in the following:

- FitnessGram administered annually
- Physical Education in excess of minimum requirements
- Balanced Nutrition through the Food Service
- Abstinence Program
- Drug Awareness Programs school wide
- Personal Hygiene Education

Loraine ISD will continue the growth of these programs while adding and creating more educational opportunities for students to learn healthy life choices.



Dustin Anders
Superintendent

Mission

Loraine Independent School District is a public, comprehensive, educational institution. The mission of the LISD's School Health Advisory Council (SHAC) is to provide for the people of Loraine a meaningful and relevant health education that emphasizes both the preventative care as well as immediate need based assessments. Within this context, the LISD's SHAC will provide educational opportunities to all qualified students of this community in such a manner as to promote healthy life choices at a cost consistent with the economic status of the students as a whole. While recognizing LISD's heritage, the SHAC will serve a student population with programs in instruction, service, and preventative care, so that its graduates will become competent, productive and contributing citizens in regards to health awareness and practices.

Vision Statement

LISD's School Health Advisory Council will be a health teaching, promoting and service organization. SHAC first and foremost responsibility will be serving the health and awareness needs of the students in Loraine, TX. It will be a council of first choice for students seeking information and education pertaining to but not limited to health, nutrition, and safety. It will:

- Excel in the education of students in health practices, choices, awareness and preventative measures to ensure a healthy community of students..
- Attain a significant educational presence in all the District of Loraine, emphasizing also services for adult learners and providing for the re-certification needs of professionals.
- Provide an important engine for research and development in health related issues pertaining to the needs of our community.
- Offer an array of materials in areas of importance to the social and health development of Loraine, TX. Through those such materials and developments students will become leaders in areas such as Education, Social and Health-related Sciences and professions.
- Develop a community of scholars with talent and expertise that will garner an infrastructure build around well-being, fitness and a healthy community.
- Enhance the strategic flow of information, activities and participation in vigor, fitness, health, and energy at the district level for all students.