

NOVEMBER 2022 PRE-K LUNCH

NOV

MENU 2022

GEAR UP FOR TURKEY TROT

MARATHON



**ANNOUNCEMENTS:
THANKSGIVING
BREAK BEGINS
NOVEMBER 21, 2022
CLASSES RESUME ON
NOVEMBER 28, 2022**

**LORAIN ISD WILL
BE SERVING OUR
THANKSGIVING
MEAL ON
NOVEMBER 16,
2022! MENU WILL
BE POSTED SOON!**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST WALKING TACO,
BEANS, CHILLED
PINEAPPLE, WHITE
MILK

2ND PIZZA, BROCCOLI,
CINNAMON
APPLESAUCE, WHITE
MILK

3RD BONELESS WINGS,
CARROTS, MIXED FRUIT,
WHITE MILK

4TH STEAK FINGERS,
GRAVY, GREEN BEANS,
PEACHES, WHITE MILK

7TH CORN DOG, TATER
TOTS, FRUIT CUP,
WHITE MILK

8TH NACHOS GRANDE,
BEANS, GRAPES, WHITE
MILK

9TH CRISPY CHICKEN
SANDWICH, GARDEN
SALAD, FRUITY GELATIN
WHITE MILK

10TH HAMBURGER
STEAK, ROLL, GRAVY,
BROCCOLI BITES,
MANDARIN ORANGES,
WHITE MILK

11TH PIZZA, GREEN
BEANS, SLICED FRUIT,
WHITE MILK

14TH CHEESEBURGER,
TATER TOTS,
STRAWBERRIES,
WHITE MILK

15TH PIZZA, BEANS,
CINNAMON
APPLESAUCE, WHITE
MILK

16TH HOT DOGS, TATER
TOTS, SNO-BALL SALAD
WHITE MILK

17TH POPCORN
CHICKEN, CORN, APPLE
SLICES, WHITE MILK

18TH TEX-MEX STACK,
BEANS, CINNAMON
APPLESAUCE, WHITE
MILK

21ST ENCHILADAS,
BEANS, ORANGE
SMILES, WHITE MILK

22ND CHILI CHEESE
TOTCHOS, ROLL,
STRAWBERRIES AND
BANANAS, WHITE MILK

23RD CHICKEN
NUGGETS, MAC AND
CHEESE, SQUASH,
APPLE SLICES, WHITE
MILK

24TH CHEESEBURGER,
GARDEN SALAD, PEARS,
WHITE MILK

25TH PHILLY
CHEESESTEAK
SANDWICH, CORN,
ROSY APPLESAUCE,
WHITE MILK

28TH BREADED
DRUMSTICK, BISCUIT,
GARDEN SALAD, FRUIT,
WHITE MILK

29TH WALKING TACO,
BEANS, CHILLED
PINEAPPLE, WHITE
MILK

30TH PIZZA, BROCCOLI
BITES, CINNAMON
APPLESAUCE, WHITE
MILK



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 11/1/2022
www.SquareMeals.org

LORAIN ISD LUNCH MENU K-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST WALKING TACO,
BEANS, VEGGIE CUP,
CHILLED PINEAPPLE,
COOKIE, MILK VARIETY

2ND PIZZA, BROCCOLI
BITES, TOMATO CUP,
CINNAMON
APPLESAUCE, MILK
VARIETY

3RD BONELESS WINGS,
CHIPS, CELERY STICKS,
BABY CARROTS, MIXED
FRUIT, MILK VARIETY

4TH STEAK FINGERS,
GRAVY, ROLL, GREEN
BEANS, CORN,
PEACHES, MILK
VARIETY

7TH CORN DOG, TATER
TOTS, TOMATO CUP,
FRUIT CUP, MILK
VARIETY

8TH NACHOS GRANDE,
SALSA, BEANS,
CUCUMBERS, GRAPES,
ICE CREAM CUP, MILK
VARIETY

9TH CRISPY CHICKEN
SANDWICH, VEGGIE
CUP, GARDEN SALAD,
FRUITY GELATIN, MILK
VARIETY

10TH HAMBURGER
STEAK, ROLL, MASHED
POTATOES, GRAVY,
BROCCOLI BITES,
MANDARIN ORANGES
MILK VARIETY

11TH PIZZA, GREEN
BEANS, BABY CARROTS,
FRUIT, BROWNIE, MILK
VARIETY

14TH CHEESEBURGER,
TATER TOTS, OKRA,
STRAWBERRIES, MILK
VARIETY

15TH PIZZA, GARDEN
SALAD, GREEN BEANS,
PEACHES, MILK
VARIETY

16TH HOT DOG, TATER
TOTS, TOMATO CUP
SNO-BALL SALAD, MILK
VARIETY

17TH POPCORN
CHICKEN, ROLL,
MASHED POTATOES,
CORN, APPLE SLICES,
MILK VARIETY

18TH TEX-MEX STACK,
BEANS, CARROTS,
SALSA, CINNAMON
APPLESAUCE, SHERBET,
MILK VARIETY

21ST ENCHILADAS,
BEANS, CORN, SALSA
ORANGE SMILES,
PUDDING, MILK
VARIETY

22ND CHILI CHEESE
TOTCHOS, VEGGIE CUP,
ROLL, STRAWBERRIES
AND BANANAS, MILK
VARIETY

23RD CHICKEN
NUGGETS, MAC AND
CHEESE, CARROTS,
SQUASH, GRAPES, MILK
VARIETY

24TH CHEESEBURGER,
CHIPS, TOMATO CUP,
GARDEN SALAD, PEARS
MILK VARIETY

25TH PHILLY
CHEESESTEAK SAND,
CORN, CUCUMBERS,
ROSY APPLESAUCE,
RICE CRISPY TREAT
MILK VARIETY

28TH BREADED DRUM
STICK, BISCUIT, SWEET
POTATO FRIES, FRUIT,
MILK VARIETY

29TH WALKING TACO,
BEANS, VEGGIE CUP,
BROWNIE, MILK
VARIETY

30TH PIZZA, BROCCOLI
BITES, TOMATO CUP
CINNAMON
APPLESAUCE, MILK
VARIETY

NOV

MENU 2022

GEAR UP FOR TURKEY TROT

MARATHON



**ANNOUNCEMENTS:
GRADES 9-12 ARE
OFFERED A JUICE
CHOICE AND 2 FRUIT
CHOICES EVERYDAY
AT LUNCH**

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MEAL ON
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