

# August 2024 | School Name



## Announcements:

Announcement text goes here.

Copy and paste the Texas icon as many times as you need to place on the days your menu features Texas products!



Monday	Tuesday	Wednesday	Thursday	Friday	
 <p><b>Bell Peppers</b> Season in Texas: May - June; August - November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes</p>				<p><b>1</b> Menu items</p>	<p><b>2</b> Menu items</p>
<p><b>5</b> Menu items</p>	<p><b>6</b> Menu items</p>	<p><b>7</b> Menu items</p>	<p><b>8</b> Menu items</p>	<p><b>9</b> Menu items</p>	
<p><b>12</b> Menu items</p>	<p><b>13</b> Menu items</p>	<p><b>14</b> Menu items</p>	<p><b>15</b> Menu items</p>	<p><b>16</b> Menu items</p>	
<p><b>19</b> Menu items</p>	<p><b>20</b> Menu items</p>	<p><b>21</b> Menu items</p>	<p><b>22</b> Menu items</p>	<p><b>23</b> Menu items</p>	
<p><b>26</b> Menu items</p>	<p><b>27</b> Menu items</p>	<p><b>28</b> Menu items</p>	<p><b>29</b> Menu items</p>	<p><b>30</b> Menu items</p>	



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# September 2024 | School Name



## Announcements:

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Labor Day	<b>3</b> Menu items	<b>4</b> Menu items	<b>5</b> Menu items	<b>6</b> Menu items
<b>9</b> Menu items	<b>10</b> Menu items	<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items
<b>16</b> Menu items	<b>17</b> Menu items	<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items
<b>23</b> Menu items	<b>24</b> Menu items	<b>25</b> Menu items	<b>26</b> Menu items	<b>27</b> Menu items

**30**  
Menu items



## Watermelon

Season in Texas: May - October  
Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



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# October 2024 | School Name



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Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Menu items	<b>2</b> Menu items	<b>3</b> Menu items	<b>4</b> Menu items
<b>7</b> Menu items	<b>8</b> Menu items	<b>9</b> Menu items	<b>10</b> Menu items	<b>11</b> Menu items
<b>14</b> Menu items	<b>15</b> Menu items	<b>16</b> Menu items	<b>17</b> Menu items	<b>18</b> Menu items
<b>21</b> Menu items	<b>22</b> Menu items	<b>23</b> Menu items	<b>24</b> Menu items	<b>25</b> Menu items
<b>28</b> Menu items	<b>29</b> Menu items	<b>30</b> Menu items	<b>31</b> Menu items	 <p><b>Apples</b> Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States</p> 



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# November 2024 | LORAIN PRE-K MENU




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Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Carrots</b> Season in Texas: August - May Did you know? You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods				
<b>4</b> CORN DOG, TATER TOTS, FRUIT CUP WHITE MILK	<b>5</b> Menu items	<b>6</b> Menu items	<b>7</b> Menu items	<b>1</b> PIZZA, GREEN BEANS, PEACHES WHITE MILK <b>8</b> Menu items
<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items	<b>14</b> Menu items	<b>15</b> Menu items
<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items	<b>21</b> Menu items	<b>22</b> Menu items
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>



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# December 2024 | LUNCH 9 THRU 12



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> CORN DOG, OVEN FRIES, TOMATO CUP FRUIT CUP, MILK JUICE	<b>3</b> NACHOS GRANDE SALSA, BEANS CUCUMBER CUP PEACHES, ICE CREAM CUP, MILK JUICE	<b>4</b> CHICKEN SANDWICH, CHIPS, VEGGIE CUP, SALAD FRUITY GELATIN MILK, JUICE	<b>5</b> PORK CHOP, ROLL GRAVY, CORN BROCCOLI MANDARIN ORANGES, MILK JUICE	<b>6</b> NO SCHOOL
<b>9</b> Menu items	<b>10</b> Menu items	<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items
<b>16</b> Menu items	<b>17</b> Menu items	<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>30</b>	<b>31</b>	  <p><b>Pomegranates</b>                      Season in Texas:                      October - December                      Did you know?                      Pomegranate trees can live for over 200 years</p>		

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# January 2025 | School Name



## Announcements:

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Oranges</b></p> <p>Season in Texas: September - April</p> <p>Did you know?</p> <p>Like cantaloupes, oranges won't ripen once they're picked</p>		<p><b>1</b></p> <p>Happy New Year!</p>	<p><b>2</b></p>	<p><b>3</b></p>
<p><b>6</b></p> <p>Menu items</p>	<p><b>7</b></p> <p>Menu items</p>	<p><b>8</b></p> <p>Menu items</p>	<p><b>9</b></p> <p>Menu items</p>	<p><b>10</b></p> <p>Menu items</p>
<p><b>13</b></p> <p>Menu items</p>	<p><b>14</b></p> <p>Menu items</p>	<p><b>15</b></p> <p>Menu items</p>	<p><b>16</b></p> <p>Menu items</p>	<p><b>17</b></p> <p>Menu items</p>
<p><b>20</b></p> <p>MLK Day</p>	<p><b>21</b></p> <p>Menu items</p>	<p><b>22</b></p> <p>Menu items</p>	<p><b>23</b></p> <p>Menu items</p>	<p><b>24</b></p> <p>Menu items</p>
<p><b>27</b></p> <p>Menu items</p>	<p><b>28</b></p> <p>Menu items</p>	<p><b>29</b></p> <p>Menu items</p>	<p><b>30</b></p> <p>Menu items</p>	<p><b>31</b></p> <p>Menu items</p>



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# February 2025 | School Name



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Menu items	<b>4</b> Menu items	<b>5</b> Menu items	<b>6</b> Menu items	<b>7</b> Menu items
<b>10</b> Menu items	<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items	<b>14</b> Menu items
<b>17</b> Menu items	<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items	<b>21</b> Menu items
<b>24</b>  Presidents Day	<b>25</b> Menu items	<b>26</b> Menu items	<b>27</b> Menu items	<b>28</b> Menu items



### Beets

Season in Texas: January - March;  
September - November

#### Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



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# March 2025 | School Name



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Menu items	<b>4</b> Menu items	<b>5</b> Menu items	<b>6</b> Menu items	<b>7</b> Menu items
<b>10</b> Menu items	<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items	<b>14</b> Menu items
<b>17</b> Menu items	<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items	<b>21</b> Menu items
<b>24</b> Menu items	<b>25</b> Menu items	<b>26</b> Menu items	<b>27</b> Menu items	<b>28</b> Menu items

**31**  
Menu items



### Asparagus

Season in Texas: March - April

Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



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# April 2025 | LORAIN BREAKFAST MENU



## Announcements:

A HEALTHY BREAKFAST HELPS YOU GET THRU THE MORNING!



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> FRENCH TOAST SAUSAGE, STRUDEL CHEESE, FRUIT MILK CHOICE JUICE	<b>2</b> SCRAMBELD EGG BACON, BISCUIT GRAVY, CEREAL TOAST, FRUIT, MILK CHOICE, JUICE	<b>3</b> SAUSAGE BISCUIT BREAKFAST BREAD YOGURT, FRUIT MILK CHOICE JUICE	<b>4</b> CHEESY TOAST SAUSAGE, MUFFIN YOGURT, FRUIT MILK CHOICE JUICE
<b>7</b> WAFFLES, BACON CEREAL, TOAST FRUIT, MILK CHOICE, JUICE	<b>8</b> SUNRISE SAND. BREAKFAST STRUDEL, FRUIT, MILK CHOICE JUICE	<b>9</b> BREAKFAST PIZZA BREAKFAST PARFAIT, FRUIT MILK CHOICE JUICE	<b>10</b> OATMEAL CINNAMON TOAST BREAKFAST BREAD YOGURT, FRUIT MILK CHOICE JUICE	<b>11</b> DONUT, SAUSAGE MUFFIN, YOGURT FRUIT, MILK CHOICE, JUICE
<b>14</b> KOLACHE YOGURT CINNAMON ROLL BACON, FRUIT MILK CHOICE JUICE	<b>15</b> PANCAKE WRAP OR BREAKFAST BREAD WITH YOGURT, FRUIT MILK CHOICE JUICE	<b>16</b> SCRAMBLED EGG BACON, BISCUIT GRAVY, CEREAL TOAST, FRUIT, MILK CHOICE, JUICE	<b>17</b> BREAKFAST PIZZA, STRUDEL CHEESE, FRUIT MILK CHOICE JUICE	<b>18</b> NO SCHOOL
<b>21</b> PANCAKES BACON, CEREAL TOAST, FRUIT, MILK CHOICE, JUICE	<b>22</b> BREAKFAST BURRITO, HASH BROWNS, BKFST BREAD, YOGURT FRUIT, MILK CHOICE	<b>23</b> WAFFLES SAUSAGE, CEREAL TOAST, FRUIT, MILK CHOICE, JUICE	<b>24</b> STUFFED BAGEL CHEESE, STRUDEL CHEESE, FRUIT MILK CHOICE JUICE	<b>25</b> DUTCH WAFFLE SAUSAGE, MUFFIN YOGURT, FRUIT MILK CHOICE JUICE
<b>28</b> BREAKFAST PIZZA, MUFFIN YOGURT, FRUIT MILK CHOICE JUICE	<b>29</b> FRENCH TOAST SAUSAGE, STRUDEL CHEESE, FRUIT MILK CHOICE JUICE	<b>30</b> SCRAMBLED EGG BACON, BISUIT GRAVY, CEREAL TOAST, FRUIT, MILK CHOICE, JUICE		

## Broccoli

Season in Texas: October - May

Did you know?

Because there are no machines capable of picking broccoli, it must be harvested by hand, with a knife



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# May 2025 | School Name



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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Blueberries</b>                      Season in Texas: May - July                      Did you know?                      One blueberry bush can grow up to 6,000 berries every year</p>  		<p><b>1</b> Menu items</p>	<p><b>2</b> Menu items</p>	
<p><b>5</b> Menu items</p>	<p><b>6</b> Menu items</p>	<p><b>7</b> Menu items</p>	<p><b>8</b> Menu items</p>	<p><b>9</b> Menu items</p>
<p><b>12</b> Menu items</p>	<p><b>13</b> Menu items</p>	<p><b>14</b> Menu items</p>	<p><b>15</b> Menu items</p>	<p><b>16</b> Menu items</p>
<p><b>19</b> Menu items</p>	<p><b>20</b> Menu items</p>	<p><b>21</b> Menu items</p>	<p><b>22</b> Menu items</p>	<p><b>23</b> Menu items</p>
<p><b>26</b> Memorial Day</p>	<p><b>27</b> Menu items</p>	<p><b>28</b> Menu items</p>	<p><b>29</b> Menu items</p>	<p><b>30</b></p>



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# June 2025 | School Name



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Menu items	<b>3</b> Menu items	<b>4</b> Menu items	<b>5</b> Menu items	<b>6</b> Menu items
<b>9</b> Menu items	<b>10</b> Menu items	<b>11</b> Menu items	<b>12</b> Menu items	<b>13</b> Menu items
<b>16</b> Menu items	<b>17</b> Menu items	<b>18</b> Menu items	<b>19</b> Menu items	<b>20</b> Menu items
<b>23</b> Menu items	<b>24</b> Menu items	<b>25</b> Menu items	<b>26</b> Menu items	<b>27</b> Menu items
<b>30</b> Menu items				 <p><b>Strawberries</b> Season in Texas: April - June Did you know? On average, each strawberry has 200 seeds</p> 

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# July 2025 | School Name



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	<b>1</b> Menu items	<b>2</b> Menu items	<b>3</b> Menu items	<b>4</b> Menu items
<b>7</b> Menu items	<b>8</b> Menu items	<b>9</b> Menu items	<b>10</b> Menu items	<b>11</b> Menu items
<b>14</b> Menu items	<b>15</b> Menu items	<b>16</b> Menu items	<b>17</b> Menu items	<b>18</b> Menu items
<b>21</b> Menu items	<b>22</b> Menu items	<b>23</b> Menu items	<b>24</b> Menu items	<b>25</b> Menu items
<b>28</b> Menu items	<b>29</b> Menu items	<b>30</b> Menu items	<b>31</b> Menu items	 <p><b>Tomatoes</b> Season in Texas: April - December Did you know? Tomatoes are technically a berry</p> 



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