2023-24 LORAINE POWERLIFTING SCHEDULE

| (Date) | (Teams) | (Meet) | (Location) |
|---------|------------|---|-------------------|
| | (reallis) | imeet | |
| Jan. 13 | All | CCity Meet | Colorado City, Tx |
| Feb. 3 | HS Girls | Forsan Meet | Forsan, Tx |
| Feb. 10 | All | Coahoma Meet | Coahoma, Tx |
| Feb. 15 | All | Hilltop Invitational Highland ISD | Roscoe, Tx |
| Feb. 22 | AU | Strawn Invitational | Strawn, Tx |
| Mar. 1 | Girls Only | Girls Regional Meet | Colorado City, Tx |
| Mar. 9 | Boys Only | Regional Meet | West, Tx |
| | boyo omy | West High School Competition Gym 1008 Jerry Mashek West, Texas 76691 | |
| Mar. 13 | Girls Only | Girl's State Meet West High School Competition Gym | Frisco, Tx |
| Mar. 23 | Boys Only | Boys State Meet Taylor County Expo Center | Abilene, Tx |